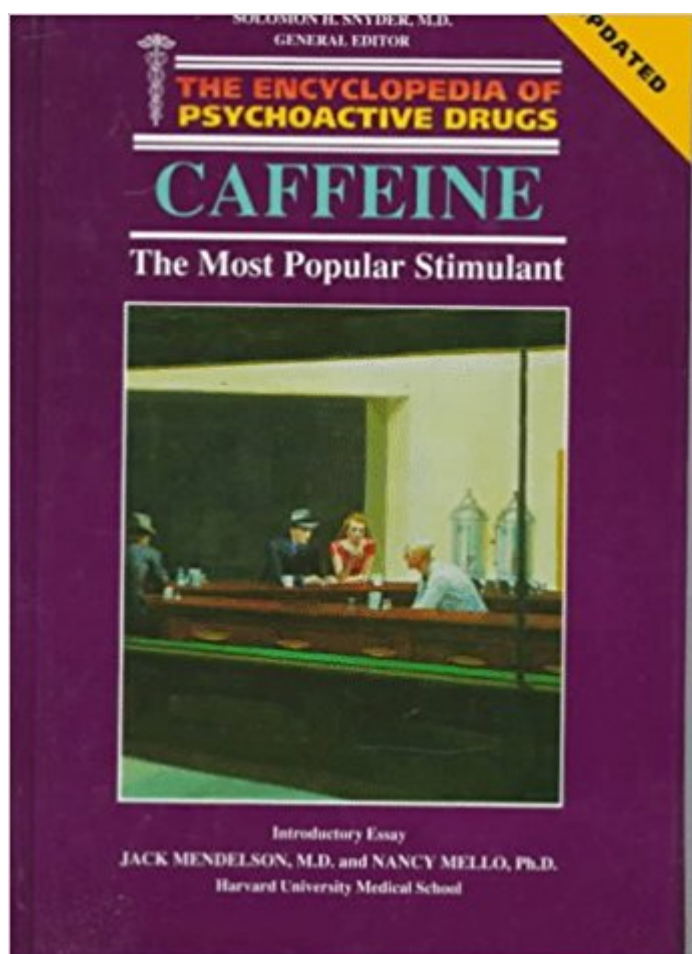


The book was found

Caffeine: The Most Popular Stimulant (Encyclopedia Of Psychoactive Drugs. Series 1)



Synopsis

-- An invaluable resource for schools and libraries-- The most comprehensive reference source on drugs ever published-- Written primarily by doctors and scientists-- Explores the impact of drug use -- and abuse -- on our culture, the workplace, the family, and the individual-- Each volume contains a directory of drug treatment agencies

Book Information

Series: Encyclopedia of Psychoactive Drugs. Series 1

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Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #4,529,840 in Books (See Top 100 in Books) #70 in [Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse](#) #80 in [Books > Health, Fitness & Dieting > Nutrition > Caffeine](#) #3373 in [Books > Reference > Encyclopedias & Subject Guides > Medical](#)

Customer Reviews

This book provides a good look at the well known alerting agent, caffeine, which is a weak drug. There are other books which more closely look at the role of caffeine on paying attention, perhaps the most famous book being *How to Cure Hyperactivity (ADHD)* (1981) by Dr. Anita Uhl Brothers, M.D., of Berkeley, California and C. Thomas Wild which reports that caffeine compounds can temporarily reduce distractibility and increase attention span for a small subgroup of those with Attention Deficit Disorder, working better and with less side effects than Ritalin.

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